

SEPTEMBER 2022

MIDDLE SCHOOL

Breakfast the MOST important Meal of the day!!
Our School - Offers Delicious Breakfast Items Daily, Come on in!

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast Breads 1
WG Banana Bread
WG Pumpkin Bread
WG Lemon Bread
Sausage, Egg and Cheese on a WG Croissant

BACON FRIDAY 2
Bacon, Egg and Cheese on a Flaky Croissant
WG Banana Choc Chuck Bar
WG Breakfast Bun
Assorted WG Cereal

No School Labor Day 5

Pastry Day 6
WG Apple Roll
WG Cinnamon Roll
WG Raspberry & Cheese Bar
Sausage, Egg and Cheese on a WG Bagel

Donut Day 7
WG Assorted Mini Donuts
WG Pop Tarts
WG Cereal Bar
Sausage, Egg and Cheese on a WG Bagel

Breakfast Breads 8
WG Banana Bread
WG Pumpkin Bread
WG Lemon Bread
Sausage, Egg and Cheese on a WG Bagel

BACON FRIDAY 9
Bacon, Egg and Cheese on a WG Bagel
WG Banana Choc Chuck Bar
WG Breakfast Bun
Assorted WG Cereal

Muffin Monday 12
Assorted WG Muffins
WG Oatmeal Choc Chip Bar
Assorted WG Cereal
Sausage, Egg and Cheese on a Flaky Croissant

Pastry Day 13
WG Apple Roll
WG Cinnamon Roll
WG Raspberry & Cheese Bar
Sausage, Egg and Cheese on a WG Croissant

Donut Day 14
WG Assorted Mini Donuts
WG Pop Tarts
WG Cereal Bar
Sausage, Egg and Cheese on a WG Croissant

Breakfast Breads 15
WG Banana Bread
WG Pumpkin Bread
WG Lemon Bread
Sausage, Egg and Cheese on a WG Croissant

BACON FRIDAY 16
Bacon, Egg and Cheese on a Flaky Croissant
WG Banana Choc Chuck Bar
WG Breakfast Bun
Assorted WG Cereal

Muffin Monday 19
Assorted WG Muffins
WG Oatmeal Choc Chip Bar
Assorted WG Cereal
Sausage, Egg and Cheese on a WG Bagel

Pastry Day 20
WG Apple Roll
WG Cinnamon Roll
WG Raspberry & Cheese Bar
Sausage, Egg and Cheese on a WG Bagel

Donut Day 21
WG Assorted Mini Donuts
WG Pop Tarts
WG Cereal Bar
Sausage, Egg and Cheese on a WG Bagel

Breakfast Breads 22
WG Banana Bread
WG Pumpkin Bread
WG Lemon Bread
Sausage, Egg and Cheese on a WG Bagel

BACON FRIDAY 23
Bacon, Egg and Cheese on a WG Bagel
WG Banana Choc Chuck Bar
WG Breakfast Bun
Assorted WG Cereal

Muffin Monday 26
Assorted WG Muffins
WG Oatmeal Choc Chip Bar
Assorted WG Cereal
Sausage, Egg and Cheese on a Flaky Croissant

Pastry Day 27
WG Apple Roll
WG Cinnamon Roll
WG Raspberry & Cheese Bar
Sausage, Egg and Cheese on a WG Croissant

Donut Day 28
WG Assorted Mini Donuts
WG Pop Tarts
WG Cereal Bar
Sausage, Egg and Cheese on a WG Croissant

Breakfast Breads 29
WG Banana Bread
WG Pumpkin Bread
WG Lemon Bread
Sausage, Egg and Cheese on a WG Croissant

BACON FRIDAY 30
Bacon, Egg and Cheese on a Flaky Croissant
WG Banana Choc Chuck Bar
WG Breakfast Bun
Assorted WG Cereal

All Meals Include 1 cup of Fruit, 4oz of 100% Fruit Juice and your Choice of Milk
Menu Subject to Change