


Just a reminder that during this cold and flu season your child can be seen at the School-Based Health Center at Montville High School.

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU



Is your child experiencing any of these symptoms? Our providers can see them at the school-based health center.

To register your child for the school-based health center, complete the online enrollment form at: <https://www.ucfs.org/services/school-based-health-centers>.

You can scan here to learn more about the School-Based Health Center at Montville High School.

For questions, please call the SBHC line at 860-822-2803.

 **UCFS Healthcare**
SCHOOL-BASED HEALTH CENTER
at Montville High School



SCAN ME