



**MONTVILLE**  
**HIGH SCHOOL**

**ATHLETIC HANDBOOK**  
**2020-2021**

Dear Parent, Student-Athlete,

I would like to welcome you to the Montville High School Indians athletic family. Contained within this handbook are the rules, regulations and policies of the Montville High School Athletic Department. It is our wish that each student-athlete enjoys his/her athletic experience and that through hard work and dedication is able to reach their fullest potential.

Montville High School recognizes the value of extracurricular activities and the important role activities play in facilitating the development of an engaged, dynamic, and well balanced student body. The athletic department at Montville High School, through the diverse group of sports offered, will seek to develop an athletic organization with an active and involved membership that is concerned with the total development of the student-athlete regardless of gender, race, socio-economic status or activity. The athletic department will encourage and support the physical, mental, and emotional development of our student-athletes by facilitating improved relationships between athletes, parents, coaches, teachers, administrators, and the Montville community. Research overwhelming shows that students involved in extracurricular activities have improved attendance, a higher grade point average, an increased graduation rate, and increased levels of success after high school.

The extracurricular activities at Montville High School are an integral part of the comprehensive educational program offered in the Montville Public School System. It is the opinion of the MHS athletic department that the skills developed are directly transferable to areas outside of interscholastic athletic contests. Students involved in our athletic programs will undoubtedly have an improved high school experience through relationships and skills developed through participation. Lessons in sportsmanship, teamwork, competition, health and self-sufficiency during both victory and defeat are vital aspects of the Montville Indian experience.

Montville High School has an outstanding tradition of excellence and achievement in athletics. Participation on our teams is voluntary and a privilege at MHS, not a right. The MHS athletic department will place emphasis on academic achievement and sportsmanship. If a student athlete is identified by a parent, teacher, coach or administrator as having academic or behavioral concerns, the athletic department will proactively seek appropriate measures to address and accommodate the needs of our student-athletes.

We encourage you to support all of our programs as we continue to uphold our school's tradition of excellence.

I hope that the information contained in this handbook helps you to better understand the rules, regulations and policies of the Montville High School Athletic Department. If, after reading it carefully, you have any questions concerning the Athletic Handbook, please feel free to call me at 860-848-8723.

Yours in athletics,

*Marc Romano*

Marc Romano  
Director of Athletics

## I. Statement of Philosophy

The Montville High School Athletic Program shall be conducted in accordance with existing Board of Education policies, rules and regulations. The athletic program will provide an athlete with a variety of experiences to aid in the development of favorable habits and attitudes that will prepare them for adult life. The athlete will develop sound citizenship, a sense of good sportsmanship, and desirable social traits, including emotional control, honesty, cooperation, dependability and to respect other athletes and their abilities.

### 1. Goals and Objectives

The goal of the Montville High School Athletic Department is to provide each athlete with an educational experience through the sports medium.

Every athlete will have the opportunity to participate in the sport of his or her choice. Through their sport experience each athlete will learn or improve the following:

- A. The ability to work with others – This is an essential element necessary for success. Through sports, athletes learn cooperation and teamwork.
- B. To be successful – Success is not measured solely by wins and losses, but rather in how one conducts themselves during victory and defeat.
- C. To develop sportsmanship – A sense of fair play is a must in our society. Play hard, but play fair, accept defeat as well as victory graciously and appreciate the ability of others.
- D. To strive for continual improvement – Each athlete must set a goal for themselves and constantly work towards the realization of that goal.
- E. To develop desirable personal health habits – To be an active, contributing citizen it is important to obtain a high degree of physical fitness through exercise and good health habits, and to develop the desire to maintain this level of physical fitness after formal competition has been completed.

### I. Governing Bodies

#### A. The Board of Education

The Board of Education, responsible to the people, is the ruling agency for the Montville Public Schools. The Board of Education is responsible for the following areas:

1. Interpreting the needs of the community
2. Developing policies in accordance with state statutes and mandates and in accordance with the educational needs and wishes of the people of the Montville School District
3. Approving means by which professional staff may make these policies effective
4. Evaluating the interscholastic athletic program in terms of its value to the community

#### B. The Connecticut Interscholastic Athletic Conference

All schools are voluntary members of the Connecticut Inter-scholastic Athletic Conference and must compete only with member schools or other state association schools in District One. As a member school district Montville agrees to abide by and enforce all rules and regulations promulgated by the association.

The primary role of the state association is to maintain rules and regulations that ensure equity in competition for the student athletes and a balance with other educational programs. The association solicits input and is responsive to requests for rule modifications from member schools, appointed committees, Athletic Directors' Association, and Coaches' Association.

The state association attempts to enforce such rules that assure the greatest good for the greatest number and to ensure that competition is conducted in an appropriate manner.

C. The National Federation of State High Schools Association

The National Federation consists of the fifty individual state high school athletic and/or activities associations. The purposes of the Federation are to serve, protect and enhance the interstate activity interests of the high schools belonging to the state associations; to assist in those activities of the state associations which can best be operated on a nationwide scale; to sponsor meetings, publications and activities which will permit each state association to profit by the experience of all other member associations and to coordinate the work to minimize duplications.

D. The Eastern Connecticut Conference

Montville High School is a voluntary member of the league. This league was established for the primary purpose of promoting selected interscholastic athletics among member schools and the assurance of such advantages as may be gained by a union of effort.

The Conference was established to encourage member schools to improve their co-curricular program in athletics. The conference membership facilitates the arranging of schedules, equalizing competition, conducting league meets and determining league championships. The conference provides Montville the opportunity for competition without excessive travel and with schools of similar size and athletic philosophy. Membership implies abiding by conference schedules, rules and regulations. Member schools are:

Bacon Academy	Montville High School	Stonington High School
East Lyme High School	New London High School	Tourtellotte High School
Fitch Senior High School	Norwich Free Academy	Waterford High School
Griswold High School	Plainfield High School	Wheeler High School
Killingly High School	Putnam High School	Windham High School
Ledyard High School	St Bernard School	Woodstock Academy
Lyman Memorial High School		

## II. Message to Athletes

Congratulations, you have chosen to become a member of a high school team. Becoming part of a team is very special; you will develop friendships and have memories of your athletic experiences that will last a lifetime. But with the decision to join a team you have committed yourself to certain responsibilities and obligations. You have placed yourself in the “spotlight” and your every action comes under close scrutiny. Therefore, your conduct and actions must be above reproach.

As an athlete you have the following responsibilities:

- A. Responsibility to yourself – The most important of these responsibilities is to yourself. You owe it to yourself to make the most of your high school experiences. Your academic studies, your participation in other extracurricular activities as well as in sports, prepares you for life as an adult. **DON'T CHEAT YOURSELF!!**
- B. Responsibility to your school – Another responsibility you assume as a team member is to your school. MHS cannot maintain its position as having an outstanding school unless you do your best in whatever activity you wish to engage in. By participating in athletics to the maximum of your ability you are contributing to the reputation of your school. The student body, the community and other communities judge our school by your conduct and attitudes, both on and off the field. Because of this, you can contribute greatly to school spirit and community pride. Make Montville High School proud of you, and your community proud of your school by your conduct and actions at all times.
- C. Responsibility to others
  - a. As a team member you have a responsibility to the other players on the team to uphold training rules and to attend, and work hard at all practice sessions. The team's success depends on how hard each individual on that team is willing to work. If each team member gives 100%, the team's success will follow.
  - b. You also have a responsibility to your parents and family. They are your most avid supporters and fans. They stand behind you 100%. By your actions and conduct you are able to repay their loyalty to you.
  - c. As a team member you also have a responsibility to the younger students in town. As an athlete you are held in high esteem and you serve as a role model for the younger students. Therefore, it is important to set a good example for them to follow.

## III. Requirements for Participation

- A. Physical Examination

A yearly physical examination is required (13 Months). The physical form must be completed by the physician and submitted to the school nurse prior to participation. The physical covers all sports for up to thirteen months. The form will be kept on file in the nurse's office and entered into our student-athlete database for coaches to view.
- B. Emergency Medical Authorization

Each athlete's parents or legal guardians shall complete an Emergency Medical Authorization form giving permission for treatment by a physician or hospital when a parent or guardian is not available.

- C. Parental/Athlete Acknowledgment of Athletic Policies  
Each athlete prior to trying out, will receive a student athletic handbook. This book will explain the rules and regulations of Montville High School and the Athletic Department. Prior to trying out the athlete must return a signed Athletic Responsibility Acknowledgment form to his/her coach.
- D. Insurance  
Each student attending Montville High School has the opportunity of purchasing a “24 hour” school accident policy which covers the student from the time the student leaves home in the morning until the student returns home after the close of school activities. This policy, however, doesn’t cover interscholastic sports. Interscholastic sports are covered by what is called an “excess plan”. The insurance picks up where other coverage leaves off. Injuries commencing within ninety (90) days of a covered accident that require medical, surgical or dental treatment will be covered under this program. It will pay the excess, eligible amount of expenses, up to the limits of the policy, within one hundred and four (104) weeks from the accident date, which are not payable by automobile insurance, or any other collectible group, blanket coverage or individual policy (such as Blue Cross, S.M.S. or other).
- E. Scholastic Eligibility Rules  
In order to participate in interscholastic sports at Montville High School, an athlete must meet the scholastic eligibility requirements set forth by the C.I.A.C. in Article IX of their by-laws. (Passing 4 credits toward graduation) A complete copy of the C.I.A.C. eligibility rules is available in the school athletic office.
- F. Risk of Participation  
All athletes and their parents must realize that there is a risk of serious injury involved when participating in any sport. They must also realize that the injury may be severe, including the risk of fractures, brain injury paralysis or even death. The athletic department will do everything it can do to eliminate accidents/injuries. The following measures will be used to help avoid possible injuries:
1. Coaches will be kept abreast of the latest techniques and skills in their sports.
  2. On-going education of athletes concerning safety, injury prevention and concussion protocols.
  3. We will provide a safe environment for practice and for games.
- G. Equipment  
Athletes are responsible for any and all school owned equipment issued to them. All equipment must be returned immediately upon completion of the season or upon leaving the team. Failure to do so will render that athlete ineligible to participate in sports, including tryouts. Any equipment not returned must be paid for at replacement cost. School owned equipment is to be worn only at scheduled practices or contests. However, on game days, jerseys can be worn to school. Athletes found wearing school owned equipment in public other than the above will be subject to disciplinary action.
- H. Athletic Code of Conduct  
All athletes shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in an interscholastic sports program affords. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Acts of unacceptable conduct, such as but not limited to theft, vandalism, disrespect, immorality or violations of the law, tarnish the reputation of everyone associated with our athletic program and will not be tolerated. Due to the serious nature of this rule, the coach involved, the athletic director and the principal shall meet and determine the penalty

according to the degree of the infraction. The penalty shall range from a minimum of 10% of the season or succeeding season to a maximum of permanent denial of participation.

I. Disqualification Rule

The following policies for disqualification shall apply in all sports: When an athlete is disqualified during a contest for flagrant misconduct or unsportsmanlike conduct, that athlete is ineligible to participate in any contest until withheld from the next contest at the same level. The athlete will also have a meeting with the athletic director and coach prior to returning.

J. Training Rules and Regulations

You have decided that you want to be an athlete. Being an athlete requires that you make commitments and sacrifices. A big part of this commitment and sacrifice is that, as an athlete, you follow a simple set of training rules, which the athletic department believes to be fair.

As an athlete you are striving to do your best at all times. Medical research clearly substantiates the fact that the use of tobacco, alcohol and any type of mood modifying substance produces harmful effects on the human organism and drastically affects your performance. There is no place in high school athletics for the use of any of these substances. Therefore, student athletes in the Montville School District shall not possess, use, sell, give or otherwise transmit, or be under the influence of any drug or counterfeit drug, the possession of which is prohibited by law. This includes narcotic, hallucinogenic drugs, alcohol, amphetamines, steroids, cocaine or intoxicants of any kind. The use or possession of any tobacco product is also prohibited.

This policy will be subject to enforcement and/or disciplinary action by the athletic department and the administration.

K. Penalties for Violations

First Offense

After confirmation:

1. The student-athlete will be suspended immediately from the team for one athletic contest. (Student-athlete may attend practices, travel with the team and sit on the team bench.)
2. A parent conference will be held involving the student-athlete, parent/guardian, coach and the athletic director.

Second Offense

After confirmation:

1. The student-athlete will be suspended immediately from the team for three athletic contests; this includes all team-related activities, practices, traveling with the team and sitting on the team bench during the suspension. Said suspension may bridge athletic seasons or school year.
2. A parent conference will be held involving the student-athlete, parents, coach, athletic director and the administration.
3. The student-athlete will relinquish the right to, if held, a leadership position for the remainder of the season.
4. The student-athlete may be referred to the appropriate rehabilitative agency.

### Third Offense

After confirmation:

1. The student-athlete will be suspended from the team for the remainder of the season; this includes all team-related activities, practices, traveling with the team and sitting on the team bench.
2. The student-athlete will forfeit all claims to team or individual awards.
3. The student-athlete will be referred to the appropriate rehabilitative agency. Student-athletes who continually violate team training rules may be subject to athletic suspension for the remainder of the school year.

### Out of Season Violations and Consequences

Athletes who violate training rules out of season will be subject to the regular school discipline policy. Out of season violations are cumulative with in season violations unless the athlete and his/her parents agree to have the athlete participate.

Student athletes are expected to abide by all team training rules in season, out of season, in school and out of school.

## **NEW C.I.A.C. POLICY: PERFORMANCE ENHANCING DRUGS MINIMUM PENALTY**

**The CIAC expects member schools to monitor their student athletes to assure that they are free of performance enhancing substances and to report any violations in a timely manner.**

A student-athlete who has been determined to have used, in or out-of-season, androgenic/anabolic steroids or other performance enhancing substances shall be declared ineligible for all CIAC-controlled activities for one hundred eighty (180) school days on each occurrence. The one hundred eighty (180) school day period of ineligibility commences on the day the CIAC Board of Control makes such determination.

Any athlete who refuses to submit to testing as part of a member school's Board of Education-approved random drug testing policy shall be ineligible to participate in any CIAC-controlled activities. All CIAC contests/games/tournaments/championships in which the offending athlete participated while under the influence of performance enhancing substances, shall be declared forfeitures and all records will be expunged.

A member school may apply to the CIAC Board of Control for reinstatement of the athlete's ability to participate in CIAC-controlled activities. Any application must include:

- a. The results of a CIAC-approved medically validated drug test which confirms that the student-athlete is chemical free. The test must have been completed within 30 days prior to the application. The CIAC shall not be responsible for any expenses related to this testing.
- b. A statement of the compelling circumstances on which the member school bases its application for reinstatement of the athlete's eligibility.

Performance enhancing substances and practices subject to this policy include but are not limited to the following:

- a. Anabolic agents, diuretics, peptide hormones and analogues
- b. Blood doping (the intravenous injection of whole blood, packed red blood cells, or blood substitutes)

c. Substances and practices identified as banned by the NCAA and the USOC

The CIAC allows member schools to make exceptions for those student-athletes with documented medical history demonstrating the need for regular use of substances that are banned in this policy. These identified substances shall be medically prescribed by the student-athlete's doctor for therapeutic purposes. The documentation should contain information as to the diagnosis, medical history and dosage prescribed.

### **Athletic Department Policies**

1. **Participation**: An athlete may participate in only one sport per season.
2. **Dropping or transferring sports**: On occasion it may become necessary for an athlete to drop out of a sport or to change sports during a season. When changing sports during a season, the change must occur prior to the first contest in the sport that the athlete is trying to join. When dropping or changing a sport, the athlete will adhere to the following procedures:
  - a. Consult with the coach of the sport being dropped
  - b. Report situation to the athletic director
  - c. If changing sports, consult with the new coach
  - d. Return all equipment issued to you

The athlete must realize that quitting is not a desirable habit to acquire. Every effort should be made in choosing your sport so quitting does not become necessary. Any athlete who quits a sport will not receive an award for that sport for any reason for that year.

3. **Missing practice**: Part of the responsibilities of an athlete is to attend practice. It is through practice that the athlete learns what is expected of him/her and training and conditioning are achieved so that the athlete can compete with a reduced risk of injury. If, however, it does become necessary for an athlete to miss practice, it is their responsibility to notify the coach prior to missing practice. Failure to notify the coach may cause the athlete to face disciplinary action. Penalties are specific to each sport and its coach.
4. **Travel**: All athletes must travel to and from athletic contests in transportation provided by the athletic department. Athletes who miss the bus may be ineligible to participate in that contest, unless prior arrangements have been made through the athletic department office. Only under extenuating circumstances will an athlete leave a contest with a parent or guardian, unless prior arrangements have been made, in writing, with the Athletic Director. Alternate Transportation Forms are available through the athletic director's office. Athletes are not allowed to travel to or from an event with someone other than their parent or guardian.
5. **College recruitment policy**: In the event an athlete should be contacted personally by a college recruiter, he/she has an obligation to work through his/her coach, counselor and the athletic department. Inform your coach of such a contact as soon as possible. College recruitment and NCAA Clearinghouse standards are available in the athletic office.
6. **Conflicts in extracurricular activities**: The athletic department recognizes that each student should have the opportunity for a broad range of experiences in the area of extra-curricular activities. Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty advisors and coaches involved immediately when a conflict does arise. When a conflict does arise, the advisors/coaches will work out a solution so the student does not feel caught in the middle. If a solution cannot be found, the Athletic Director will make the decision.
7. **Attendance**: Athletes will be allowed to participate in practice or contests only if they are in school by 11:00 a.m. that day. Individual exceptions may be approved by the school administration when

arranged in advance. Unexcused single block absences during a given day may cause an athlete to be withheld from practice or a contest on that day.

8. Release time from class: It is the responsibility of the athlete to see their teachers in the classes they will miss because of an athletic contest. All work missed will be made up at the convenience of the teacher.
9. Vacation policy: Part of the commitment you make as an athlete is the commitment of time. Vacations during the season should be avoided if at all possible. Missing practice or games is disruptive to the entire team and to the team's goals. Parents/athletes wishing to do so should reassess their commitment to being an athlete. In the event an absence due to vacation is unavoidable, an athlete must:
  - a. Be accompanied by his/her parents while on vacation
  - b. Contact the head coach prior to the vacation
  - c. Be willing to assume the consequences such as making up missed practice time,
  - d. earning back your spot on the team and sitting out a number of contests. This is at the discretion of the individual sport or coach.
10. Squad selection: In accordance with our philosophy of athletics and our desire to see as many athletes as possible participate in the athletic program while at Montville, we encourage coaches to keep as many athletes as they can. Time, space, facilities, personal preference and other factors will place limitations on the most effective squad size for any particular sport. Each coach at the beginning of the season will explain his/her policies for making the team and the manner in which athletes not being selected will be notified.
11. Reporting injuries: All injuries, which occur while participating in athletics, must be reported to the coach. If the injury requires medical attention and a physician sees the athlete then a doctor's permission is necessary to return to practice or competition.
12. Locker room regulations:
  - a. Rough-housing or the throwing of objects in the locker room is prohibited
  - b. All showers must be turned off and the locker room area kept clean
  - c. No one except coaches and assigned players are allowed in the locker room
  - d. All cleated or spiked shoes must be removed outside the building
  - e. Items of value (cell phones, jewelry, etc.) should not be left unattended
13. Hazing: "Hazing" refers to any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate. No forms of hazing are permitted.
14. Any student-athlete facing disciplinary action has the right to Due Process

## **Athletic Awards**

1. Varsity letter requirements  
The varsity award will be presented to an athlete who satisfies the requirements of the particular sport in which they are involved. At the beginning of each season, each coach will explain his/her policies regarding awards for the sport.
2. Junior varsity and Freshman requirements  
The coach will outline the requirements for earning these awards at the start of each season.
3. Season Length: The season begins with the first practice and ends with the awards program. All student athletes are required to attend the Awards Program.
4. A coach has the prerogative to award a letter to a senior who has not met the letter requirements but who completed the season.
5. Any athlete who is injured during the season, and who in the opinion of the coaching staff would have earned an award if they were not injured, may receive that award.
6. Any student-athlete who is declared academically ineligible during the athletic season shall forfeit all claims to individual or team awards.

## **Varsity Awards:**

1<sup>st</sup> year award: chenille letter with gold sport insert and certificate

2<sup>nd</sup> year award: gold bar and certificate

3<sup>rd</sup> year award: gold bar and certificate

4<sup>th</sup> year award: gold bar and sport plaque

Junior Varsity Awards: Sport certificates.

Freshman Awards: Certificate and chenille numerals indicating year of graduation.

Championship Award: All members of a varsity team that wins a state championship will receive a chenille award and a picture plaque.

## **Individual Sport Awards:**

Each athletic program a "**Most Valuable Player and Person**"- "**MVP<sup>2</sup>**" Award. Candidates will have earned a varsity letter and will be selected by their coaches, based on the following criteria:

- Integrity and positive attitude
- "Coachability"
- Outstanding sportsmanship
- Outstanding teammate
- Contribution to the team's success

Other individual awards are presented at the discretion of the head coach of each sport.

## **Special Awards:**

Most valuable player award will be presented to one player from each sport at seasonal award programs.

**Dr. Charles E. Murphy Scholarship Award** will be presented to a male and a female senior athlete by the Montville Athletic Booster Club. The Athletic Council will select the recipient using the following guidelines:

- Minimum of B average
- Must receive varsity letter in senior year.
- Participate in a sport for three years and receive a varsity letter or has two varsity letters.
- No student will be penalized if his or her sport was not in operation for two years.

**Richard Craig Brown Award:** The male senior athlete receiving this award qualifies by judgment of the Athletic Council according to the following guidelines:

- Leadership
- Athletic ability
- Scholastic achievement

**Good Sportsmanship Award:** Selection by the Athletic Council of the senior male and female to receive this award using the following guidelines:

- Sportsmanship
- Outstanding athletic season
- Contribution to the team
- Brought recognition to M.H.S.

**Outstanding Varsity Athlete:** A male and female will be selected by the Athletic Council. The criteria for this award are as follows:

- Number of varsity letters won
- Variety of sports excelled in
- The height of achievement in a sport

**Athletic Council Award:** The female senior athlete receiving this award qualifies by judgment of the Athletic Council according to the following guidelines:

- Leadership
- Athletic ability
- Scholastic achievement

## ATHLETES' RIGHTS OF DUE PROCESS

There may come a time when, because of special personal circumstances, an athlete either commits an act, or fails to perform a duty, which results in his/her being declared ineligible to compete in a high school sport. In some cases, exceptions to the eligibility rules can be granted. All athletes have the right to the due process procedures listed below in seeking to have their eligibility restored.

- Step 1. The athlete should first discuss the matter with the appropriate coach or Athletic Director. If it is felt that the circumstances of the case warrant a request for the exception to the rule, the high school principal should be so informed.
- Step 2. The high school principal then requests in writing to the CIAC Eligibility Committee that the matter be examined and an exception granted. Address of the committee: 30 Realty Drive, Cheshire CT 06410.
- Step 3. The CIAC Eligibility Committee will examine the facts of the case at its next regular meeting or an emergency meeting will be called. The Committee has the right to require that medical reports and/or other relevant documentation be provided.
- Step 4. If the Eligibility Committee decides that the circumstances of the case merit an exception, it will be granted and the athlete's eligibility will be restored subject to the approval of the Board of Control. If in the judgment of the Committee no exception is warranted, it will be denied and the student's ineligibility will continue in force for the period required in the regulations. In no case of denial of an exception is the decision of the Committee communicated to the CIAC Board of Control, so that should the athlete decide to take his case further in the procedure of the due process, no information concerning the case will have been made available to the next higher authority in the due process procedure. This protects the athlete's right to a full, unprejudiced hearing.
- Step 5. In the case where the Committee denies request for an exception, the athlete has the right, through the high school principal, to request that an appeal of the Committee's decision be made to the CIAC Board of Control. The principal then initiates such request, addressed to the Executive Director, CIAC, 30 Realty Drive, Cheshire CT 06410. This request must be made within fourteen (14) days of the ruling of Eligibility Committee.
- Step 6. The CIAC Board of Control will hold a full hearing on the matter in timely fashion. At that time, the athlete, his/her parents, representatives of the school and any other persons that the athlete feels may help to present his/her case may appear and present evidence before the CIAC Board. The Board has the right to require presentation of medical reports or other relevant documentation.
- Step 7. The CIAC Board of Control will, after a full hearing and proper consideration of the facts of the case, render its decision, either to grant the requested exception or to uphold the ruling of the Eligibility Committee. If the exception is granted, the athlete's eligibility is restored immediately and retroactively. If it is denied, the student's ineligibility remains in force for the period required in the regulations.

In all matters of athletic eligibility, the decision of the CIAC Board of Control is final and Binding on all parties.

# ATHLETIC RESPONSIBILITY ACKNOWLEDGEMENT

Athlete's Name \_\_\_\_\_ Year \_\_\_\_\_

Prior to participating in any practice or tryout sessions for any interscholastic sport, each athlete must:

1. Successfully pass a physical examination by a registered physician, within the past thirteen months, and a copy of such examination must be on file in the office of the Athletic Director.
2. Return to the Athletic Director the Athletic Responsibility form properly signed.
3. Return to the Athletic Director the properly filled out Parent Permission form.

**As a Montville High School student athlete participating voluntarily in interscholastic athletics, I understand that:**

1. I will abide by the Montville High School Athletic Handbook, the coach's team rules and the rules of the C.I.A.C.
2. I will conduct myself in an exemplary social manner at all times.
3. I will be responsible for all athletic equipment issued to me throughout the season, and will return such equipment at the conclusion of my season, and will pay the current replacement cost for any of the equipment not accounted for by me at the end of my season.
4. I will not use or be in possession of tobacco, alcohol or narcotics. If I do use any of these substances, am in possession of such substances, or am suspended from school for use or possession of these substances, I will be subject to disciplinary actions as outlined in the athletic handbook.
5. I acknowledge that I have been properly advised, cautioned, and warned by the administrative and coaching personnel of the Montville School District that I am exposing myself to the risk of injury, including, but not limited to, the risk of sprains, fractures and ligament and/or cartilage damage which could result in a temporary or permanent, partial or complete impairment in the use of my limbs, brain damage, paralysis or even death. Having been so warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury.
6. I, along with my parents, certify that we have read and understand all of the M.H.S. Athletic Department Policies in the athletic handbook and that in order to be eligible for participation I must comply with all requirements listed.

Athlete's Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent(s) Signature \_\_\_\_\_

Date \_\_\_\_\_