

FOOD ALLERGY

A. Education & Awareness

1. Identify food allergic students annually on the confidential health list.
2. Develop individualized health care plans and emergency health care plans based on physician's orders that student has a life threatening food allergy.
3. All certified staff will be trained annually in administration of cartridge injector technique.
4. Staff will be trained in signs and symptoms of anaphylaxis.

Look for symptoms of shock/allergic reaction:

Skin	Cold to touch, may be clammy and moist, itching, hives may be present over body
Color	Pale at first, then mottled or bluish
Respiration	May be wheezy, may cease respirations
Pulse	Rapid at first, may be faint afterward
Blood Pressure	Low and unattainable
Other	Restless, severe headache, severe nausea and vomiting, diarrhea, unconsciousness. Call nearest nurse.

B. Response Plan

- Administer prescribed Epi-Pen and/or Benadryl
- Call 911 and inform dispatch that Epi-Pen was administered at _____ (time)
- Stay with student until ambulance arrives
- Notify parent/guardian in a timely manner

C. Management Plan (Prevention & Communication)

- All staff working with students with known food allergies will be notified.
- The nurse will be notified immediately in case of accidental ingestion.
- Identified students will sit at designated tables in all cafeterias at mealtime and designated tables in elementary classrooms at snack time.
- Letters are sent home to parents/guardians in elementary classrooms that a food allergy exists. Parents are asked to refrain from sending shared snacks containing that particular allergen.
- There is no eating on school buses unless medically authorized.
- Hand washing before and after snack and lunch is recommended in the elementary level.
- Communication between staff and nurse is available at all times, i.e. (phone, walkie-talkie, intercom)
- When appropriate, the school nurse will instruct students on the use of Epi-Pen injector technique using an Epi-Pen trainer.
- Students in grades 7-12 may carry and self-administer their own Epi-Pens under the supervision of the school nurse.
- All safety measures will be in place on field trips. The student will remain with the teacher during field trips unless the parent attends. The teacher will carry the student's Epi-Pen.
- Adding one on one paraprofessionals
- One-on-one paraprofessionals will also be trained in Epi-Pen administration as appropriate.