

Monday

1
 Breaded Mini Raviolis
 with Marinara Sauce
 WG Dinner Roll
 Steamed Mixed Veggies
 Cauliflower Cups
 Applesauce Cup

8
 Grilled Chicken w/Bacon
 Honey Mustard Sauce
 on a WG Kaiser Roll
 Roasted Red Potatoes
 Parmesan Roasted Green Beans
 Fresh Oranges

No School 15

22
 WG Chicken Nuggets
 Sidewinder Fries
 Steamed Corn
 Honey Wheat Biscuit
 Granny Smith Apple

29
 Soft Tacos
 w/Beef or Chicken
 Lettuce, Tomato & Cheese
 Rice Pilaf
 Red Pepper Cups
 Fruit Cocktail

Tuesday

2
 Cheeseburger Grinder
 w/Peppers and Onions
 Sidewinder French Fries
 Steamed Broccoli
 Fresh Banana

9
 Meatball Grinder
 w/Cheese and Marinara Sauce
 Sweet Potato Fries
 Fresh Steamed Broccoli
 Cucumber Cups
 Fruit Cocktail

No School 16

Bunch for Lunch 23
 French Toast Sticks
 Scrambled Eggs
 Chicken Sausage Patty
 Hash Browns
 Carrot Sticks
 Applesauce

30
 Chicken Parm Grinder
 w/Cheese and Marinara Sauce
 Baked Ranch French Fries
 Roasted Green Beans
 Carrot Sticks
 Fresh Oranges

Wednesday

3
 WG Chicken Drumsticks
 Mashed Potatoes
 Steamed Carrots
 Dinner Roll
 Celery Sticks
 Diced Peaches

10
 Grilled Cheese
 or
 Grilled Pepperoni & Cheese
 Sandwich
 Seasoned Potato Wedges
 Hawaiian Carrots
 Diced Peaches

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24
 Turkey Alfredo
 With Broccoli
 WG Breadsticks
 Carrot Sticks
 Sliced Peaches

Thursday

4
 Homemade Lasagna
 Garden Salad
 Garlic Knots
 Celery & Carrot Sticks
 Pears

11
 Roasted Turkey with Gravy
 Wheat Dinner Roll
 Mashed Potatoes, Cranberry
 Sauce, Butternut Squash
 Mango Applesauce

No School 18

25
 Beef Hotdog on a WG Bun
 Baked Ranch French Fries
 Baked Beans
 Cucumber Cups
 Fresh Grapes

Friday

5
 Pizza Cheese Bites
 w/Marinara Sauce
 Caesar Salad
 Grape Tomato Cups
 Mac Apple

Sal's Pizza 12
 Cheese or Pepperoni Pizza
 Strawberry & Spinach Salad
 With Vinaigrette Dressing
 Cauliflower Cups
 Diced Peaches

No School 19

26
 Individual Pan Pizza
 Spinach Salad with
 Kidney Beans
 Grape Tomato & Carrot Sticks
 Fresh Mac Apple

ALTERNATE MEALS AVAILABLE DAILY: Salad Plate with 1oz WG bread, any 2 Proteins (1 oz. Meat, 1 oz. Cheese or 4 oz. Yogurt) or Sandwich with 2 Proteins. All meals come with 1 cup fruit and 3/4 cup vegetable.