



JUNE 2019

MIDDLE SCHOOL

Full Price \$2>95
Reduced Price \$.40

*This institution is an equal opportunity provider

Monday

Baked Raviolis
With Marinara Sauce
WG Dinner Roll
Garden Toss Salad
Assorted Veggie Cups
Diced Peaches

3

Tuesday

Ultimate Breakfast Sandwich
Egg, Cheese, Sausage,
Hash Brown on a WG Bagel
Assorted Veggie Cups
Applesauce

4

Wednesday

Home-style Turkey Sandwich with
Bacon Lettuce & Tomato
Doritos
Assorted Veggie Cups
Fresh Melon

5

Thursday

Nachos
Seasoned Beef W/Tomatoes,
Lettuce, Salsa, Melted
Cheese over WG Nacho Chips
Assorted Veggie Cups
Fresh Grapes

6

Friday

Sal's Pizza

Cheese or Pepperoni
Caesar Salad
Assorted Veggie Cups
Diced Peaches

7

WG Popcorn Chicken Bowl
Mashed Potato
Steamed Corn
Dinner Roll
Assorted Veggie Cups
Banana

10

Cheeseburger on a
WW Hamburger Bun
Baked Ranch Fries
Assorted Veggies Cup
Fresh Watermelon

11

Pizza Cheese Bites
W/Marinara Sauce
Caesar Salad
Assorted Veggie Cups
Mac Apple

12

Manager's Choice

13

Manager's Choice

14

17

18

19

20

21

24

25

26

27

28

ALTERNATE MEALS AVAILABLE DAILY: Salad Plate with 1oz WG bread, any 2 Proteins (1 oz. Meat, 1 oz. Cheese or 4 oz. Yogurt) or Sandwich with 2 Proteins.
All meals come with 1 cup fruit and 3/4 cup vegetable. Choice of milk with all meals. Hummus offered daily.

Breakfast starts at 7:50 stop by For Healthy Choices

to Pay on Line: Log onto MYPAYMENTSPLUS.COM

