

**MONTVILLE PUBLIC SCHOOLS  
ELEMENTARY SCHOOL MENU  
JANUARY 2019**

ALTERNATE LUNCH AVAILABLE DAILY: Salad Plate with 2 Proteins (1 oz. Meat, 1 oz. Cheese or 4 oz. Yogurt) Low Fat Milk or Fat Free Milk Included with all Meals

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**2019**

**HAPPY NEW YEAR  
NO SCHOOL  
HOLIDAY**

Turkey Grinder With  
Lettuce & Cheese On  
A Soft Wheat Roll  
Bag of Doritos  
Cucumber Cups  
Diced Peaches  
Low Fat-Fat Free Milk

Mozzarella Sticks  
Marinara Sauce  
Corn Muffin  
Tossed Green Salad  
Celery Sticks w/hummus  
Fresh Mac Apple

Hamburger on WG Bun  
Baked French Fries  
Steamed Carrots  
Sliced Peaches  
Celery Sticks  
Low Fat-Fat Free Milk

Spicy Sichuan Chicken  
Over Fried Rice  
Stir Fry Veggies  
WG Dinner Roll  
Sliced Apples  
Low Fat-Fat Free Milk

French Bread Pizza  
Caesar Salad  
Carrot Sticks  
Fruit Cocktail  
LOW FAT-FAT FREE MILK

Meatball Grinder  
W/Cheese and Marinara Sauce  
Baked French Fries  
Celery Sticks  
Banana  
Low Fat-Fat Free Milk

ULTIMATE BREAKFAST  
SANDWICH  
Egg, Cheese Sausage,  
Hash Brown on a Bagel  
Cauliflower Cups  
Birthday Applesauce  
Low Fat-Fat Free Milk

Popcorn Chicken Bowl  
W/Mashed Potatoes & Corn  
Dinner Roll  
Red Pepper Cups  
Granny Smith Apple  
Low Fat-Fat Free Milk

SUPER CHEESY NACHOS  
Over Seasoned Beef and Cheese  
Shredded Lettuce, Tomato,  
Salsa & WG Nacho Chips  
Baby Carrot W/Hummus  
Fresh Grapes  
Low Fat-Fat Free Milk

French Bread Pizza  
Mesclun Salad, W/Cukes  
Chic Peas, Tomato  
Side Kicks  
Low Fat-Fat Free Milk

**No School  
M.L. KING Day**

Grilled Ham & Cheese Melt  
Tomato Soup  
Baked French Fries  
Roasted Green Beans  
Fresh Pear  
Low Fat-Fat Free Milk

BBQ Chicken Teriyaki  
Over Brown Rice  
Steamed Broccoli  
Dinner Roll  
Cucumber Slices  
Sliced Apples  
Low Fat-Fat Free Milk

ITALIAN DOGS  
Beef Hot Dogs  
Wrapped W/Cheesy Bread  
Cup of Chili  
Baked Vegetarian Beans  
Sliced Peaches  
Low Fat-Fat Free Milk

SAL'S PIZZA  
Cheese or Pepperoni Pizza  
Garden Tossed Salad  
W/Cucumbers, Tomatoes And  
Dressing  
Strawberry Cups  
Low Fat-Fat Free Milk

Pasta w/Meat Sauce  
WG Breadstick  
Leafy Green Salad  
Carrot Sticks w/Hummus  
Mac Apple  
Low Fat-Fat Free Milk

Chicken Tenders  
Served W/Honey Wheat Biscuit  
Baked Potato Smiles  
Steamed Green Beans  
Sliced Peaches  
Low Fat-Fat Free Milk

BRUNCH FOR LUNCH  
French Toast Sticks  
Chicken Sausage Patty  
Hash Brown  
Cucumber Cups  
Applesauce  
Low Fat-Fat Free Milk

Soft Chicken Tacos  
W/Shredded Lettuce & Cheese  
Spanish rice  
Red Pepper Cups  
Diced Peas  
Low Fat-Free Milk

Full Price is \$2.70  
Reduced Price is \$0.40

Menu Subject to Change

Carol Dodson, Food Service Director  
[cdodson@montvilleschools.org](mailto:cdodson@montvilleschools.org)

1/2 CUP OF FRUIT AND 1/2 CUP OF VEGETABLES OFFERED DAILY

Pay online: [www.mypaymentsplus.com](http://www.mypaymentsplus.com)

