

BREAKFAST

**MONTVILLE PUBLIC SCHOOLS
ELEMENTARY SCHOOL MENU
JANUARY 2019**

Breakfast, the Most Important Meal of the Day
All Our Schools Offer
Delicious Breakfast Items Daily, Come On In



Monday

Tuesday

Wednesday

Thursday

Friday

1
**NEW YEARS DAY
NO SCHOOL**

2
WG Bagel
W/Cream Cheese
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

3
Ham, Egg, Cheese On
WG English Muffin
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

4
Whole Grain Cereal
Non-Fat Yogurt
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

7
WG Baked Apple Muffin
Cheese Sticks
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

8
WG Mini Pancakes
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

9
Chicken Sausage, Egg & Cheese
On A WG Croissant
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

10
Whole Grain Cereal
Non-Fat Yogurt
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

11
Whole Grain Apple Roll
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

14
WG Baked Blueberry Muffin
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

15
WG Mini French Toast Sticks
Non-Fat Yogurt
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

16
Whole Grain Cereal
Non-Fat Yogurt
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

17
Ham, Egg & Cheese
On A Bagel
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

18
Whole Grain Cini-Minis
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

21
**NO SCHOOL
MLK DAY**

22
WG Blueberry Waffles
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

23
Egg, Cheese On Whole Grain
Croissant
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

24
WG French Toast Sticks
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

25
WG Bagel
W/Cream Cheese
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

28
WG Baked Choc Chip Muffin
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

29
WG Apple Roll
Assorted Fruit
100% Fruit Juice
Low Fat – Fat Free Milk

30
WG Baked Blueberry Muffins
Cheese Sticks
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk

31
WG Mini Pancakes
Assorted Fruit
100% Fruit Juice
Low Fat-Fat Free Milk



FULL PRICE \$1.75

REDUCED PRICE \$.30

ALL MEALS INCLUDE 1/2 CUP OF FRUIT
100% FRUIT JUICE

Carol Dodson, Food Service Director,
cdodson@montvilleschools.org

MENUS SUBJECT TO CHANGE

TO PAY ON LINE: WWW.MYPAYMENTSPLUS.COM